



We are pleased to announce the Business of the Month

## Barre District New Berlin

"Barre District is a lifestyle concept that combines elements of ballet dance conditioning, pilates and yoga into a full body workout. Based off of techniques from the original Lotte Berk method, a Barre District class will tone and elongate muscles, increase flexibility, and strengthen you both physically and mentally. [Click here to view website](#)

Address: 14260 W. National Ave, New Berlin WI 53151

Phone: 262.606.1099

Email: [newberlin@barredistrict.com](mailto:newberlin@barredistrict.com)